

TRUE: Liability (being held responsible) rests with the party host(s). You can be held responsible for the safety and behaviour of your guests until they leave your party or house.

If someone drinks alcohol at your party and sustains an injury or is involved in a car crash on the way home can you be held responsible?



FALSE: Never leave an intoxicated person alone.

It is ok to put your drunk friend to bed and leave.



TRUE: gender plays an important part because girls have a higher percentage of body fat to water. Alcohol is water soluble, so less water in the blood means higher blood alcohol concentration.

Teenage girls become intoxicated quicker than teenage boys



TRUE: passing out, shallow breathing and difficulty awakening are all signs of alcohol poisoning.

Vomiting is a sign of alcohol poisoning



TRUE OR FALSE

- CHEMICALS IN MARIJUANA INCREASE THE RISK OF A CAR ACCIDENT BECAUSE THEY REDUCE A PERSON'S ATTENTION SPAN AND MOTOR SKILLS. 20% OF STUDENTS IN ONTARIO HAVE USED MARIJUANA BEFORE DRIVING.
- USING MARIJUANA ALONG WITH ALCOHOL INTENSIFIES MOTOR SKILL IMPAIRMENT.
- AS A DRIVER'S BLOOD ALCOHOL CONCENTRATION RISES, SO DOES THE RISK OF BEING INVOLVED IN A CRASH.
 - 0.05 = DOUBLE THE RISK
 - 0.08 = 7 TIMES THE RISK
 - 0.15 = 25 TIMES THE RISK

- DID YOU KNOW???**
- ALCOHOL IS INVOLVED IN APPROXIMATELY 60% OF MOTOR VEHICLE DEATHS ON WEEKENDS DURING PROM SEASON, MID-APRIL THROUGH MID-JUNE.
 - WHEN ALCOHOL IS INVOLVED IN FATAL CAR ACCIDENTS THE IMPAIRED DRIVER IS AT FAULT 2/3 OF THE TIME

Drink Responsibly. What's that?

Not drinking until every member of the opposite sex looks cute.

Knowing that you have a limit.

Having control of your limbs & staying coordinated.

Not waking up in your own puke.

If you can't remember or wish you could forget last night then you probably weren't drinking responsibly.

TIPS & TOOLS

Always be aware of your surroundings.

Always have a buddy - safety travels in numbers.

Never get into a car with a driver who has used drugs or alcohol.

Let your family know where you will be and how to contact you.

Always have a back up plan (i.e. sleeping at a friend's house).

Mini Reference Book party safely: prom edition

