



## Building Resilient Youth Brochure Order form

A new Resource from Parent Action on Drugs. *Building Resilient Youth: Practical Tips for Helping your Teen Make Healthy Choices.*

Research shows that resilient youth are less likely to experience problems related to substance use, mental health, gang participation, gambling, gaming, or other potentially harmful or unhealthy behaviours, and have improved coping and decision-making skills. Accordingly, Parent Action on Drugs has developed the **Building Resilient Youth** brochure as an educational resource for parents of teens. Brochure content highlights the risk and protective factors that affect resilience, including personal, family, peer, school, and community aspects. The brochure provides parents with concrete ways to help teens deal with life's stressors, avoid problems and become strong, responsible individuals.

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Please send me \_\_\_\_\_ copies of the new Building Resilient Youth Brochure @ \$0.40 *each* plus shipping and handling\*.

I have enclosed a cheque for \$\_\_\_\_\_.\*

Please invoice me.

Please charge my  VISA Card  MasterCard  AMEX Card the amount of \$\_\_\_\_\_.\*

Card number: \_\_\_\_\_ Expiry date: \_\_\_\_\_

Name of Cardholder: \_\_\_\_\_

Signature of cardholder: \_\_\_\_\_

### \*Shipping and Handling options

I have included the charge in my payment. (To determine Shipping and Handling rates on your order please call 416 395-4970 or email us at [pad@parentactionondrugs.org](mailto:pad@parentactionondrugs.org)). **OR**

Charge my Purolator Courier account number \_\_\_\_\_ **OR**

I will pick up my order from the PAD office.

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal code: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone number: \_\_\_\_\_

Fax or mail to:

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Toronto, ON M3K 1W3  
Fax #: 1-866-591-7685

